

UPDATED FOR 2020 EXAMINATIONS

London Tuesday 12 March 2019

Keynote
educational



OCR A LEVEL PHYSICAL EDUCATION

CONFERENCE FOCUS

A fully interactive day for students: the OCR A-Level specification brought to life with subject experts, exam focus areas and activities. This conference will provide students with practical, engaging and motivational revision for the OCR A Level Physical Education examinations. Throughout the day, students will work with examiners and practitioners with a focus on improving their grades.

KEYNOTE PRESENTERS

Russell Tomlin

Educational Consultant, outstanding teacher and training provider.

Kate McDonnell

Kate is a current Head of PE and Curriculum Leader for Science and Sport in an Outstanding Beacon college, rated the top college nationally for 'A Level Progress'. The PE department is an 'Outstanding' department with consistently high ALPS scores.

Steve Fuller (invited)

Steve is a current Head of PE and has been teaching OCR PE for over ten years. Stephen has also successfully completed an MA in Education, focusing on revision strategies to improve performance within A Level PE.

BENEFITS

- Gain first hand advice and guidance from subject experts that will enable students to really succeed in their exams
- Exciting and interactive sessions, which boost student motivation and interest ahead of the assessments
- Gain enhanced knowledge and understanding of key topics
- Improved examination outcomes through a high quality review of essential examination technique for A-level OCR PE
- Receive a comprehensive workbook to complete on the day – this will form an excellent part of your revision after the event



PROGRAMME	TIME
Welcome and starter	10.25 – 10.45am
Applied Anatomy and Physiology <ul style="list-style-type: none"> Cardiovascular / respiratory systems Energy for Exercise Environmental effects on body systems 	10.45 – 11.15am
Skill Acquisition and Sports Psychology: simple, memorable and effective practical application A common sense approach to addressing questions in this key area including: <ul style="list-style-type: none"> Synoptic exercise using skill topics Attitude and attitudinal change Audience – a common sense approach... 	11.15 – 11.40am
Break – Submit questions to the experts	11.40 – 12.00pm
Answering 20 mark questions <ul style="list-style-type: none"> Sample student work and common mistakes to avoid Analysing model answers: what do the students do well 	12.00 – 12.30pm
Lunch	12.30 – 1.00pm
Biomechanics: keeping it simple and getting it right! <ul style="list-style-type: none"> Biomechanical principles Motion and mechanics How they are assessed and how to produce excellent answers on them 	1.00 – 1.40pm
Exercise physiology: a round up of key topic areas <ul style="list-style-type: none"> Diet and nutrition Preparation and training methods Injury prevention and rehabilitation Reviewing examples of how Energy Systems is examined: what students need to know and demonstrate Question and answer session with the examiners 	1.40 – 2.15pm
Socio-cultural issues <ul style="list-style-type: none"> Key features and issues which students need to apply to gain the highest marks Sport and Society – Emergence and evolution of modern sport (social and cultural factors) Contemporary Sporting Issues – Implications, gambling, modern technology Gaining top marks in the exam: Having a plan for the exam – tactics and strategies to strengthen exam performance The best technique for tackling the different types of questions Know your A01 from your A03! What these are and why they matter Interactive student session: question analysis from 2019, including model answers 	2.15 – 3.30pm

Very good, very informative and very valuable for our students.

Hornsea School and Language College

AQA A Level Physical Education

Manchester 28 March 2019

London 14 March 2019

Code: 7584

Edexcel GCSE (9-1) Physical Education

Manchester 20 March 2020

London 16 March 2020

Code: 7586

AQA 9-1 GCSE Physical Education

London 27 February 2020

Manchester 19 March 2020

Code: 7587

OCR GCSE Physical Education

Coventry 3 March 2020

London 10 March 2020

Code: 7588

IN-SCHOOL

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PAYMENT DETAILS

£25 per student plus VAT,
 one free teacher place for every 10 student places.
 Additional teachers £35 plus VAT. Individual teachers £80 plus VAT.

CONFERENCE DETAILS

Confirmed booking are accepted subject to availability and to the terms and conditions, which can be found on our website. Places are likely to fill quickly, therefore early confirmation is advised. Keynote Educational Ltd reserves the right to amend the programme where circumstances dictate.

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