

Student Revision Conference

# AQA A-level Physical Education

**NEW PROGRAMMES FOR 2021**



**Keynote**  
educational

## DATE

Online  
Friday 19 March 2021

“ **Good level of detail with hints and tips to maximise marks together with a high level of specification detail.** ”

## GIVE YOUR STUDENTS A SPORTING CHANCE

With this comprehensive exam and skills focussed revision conference



## ABOUT THIS CONFERENCE

This exciting, interactive and refreshed A level AQA PE programme will be delivered in a face to face format (unless government regulations mean we have to move it online). The day will provide students with a motivational, informative and valuable revision day. Specially designed by practicing senior examiners, the day will give your students expert advice, guidance and examples on how to improve their performance in their examinations.

The conference will help your students understand exactly what is expected of them in Paper 1 and Paper 2 exams and equip them with the subject key knowledge and understanding of key topics they will need to succeed.

They will also gain guidance on how they should answer exam questions to gain maximum marks, work through during the conference, interacting with the examiners, on good and less good responses, and ask questions to the experts.

By attending the conference, students will benefit from a valuable, memorable, interactive and enriching opportunity while at the same time taking away a wealth of real guidance, techniques, tips, and a revision set of notes written directly by the examiners.

- Opportunity to ask questions and gain first hand advice and guidance from Senior Examiners and subject experts
- Enhanced understanding of key themes and topics, all linked directly to the AQA A-level PE specification and assessments
- Highly relevant examiner workshops which will improve outcomes in the examination and enhance examination technique
- Opportunity Receive a comprehensive workbook to complete on the day and use afterwards as part of your revision
- Opportunity An emphasis on the 15 mark questions

## KEYNOTE SPEAKERS

**Ross Howitt** is senior examiner, principal moderator and coursework advisor for A Level PE for a major awarding body.

**Jackie Brookes** is an experienced teacher of 16 years, with 5 years working as an AST and as a lead practitioner focussing on whole school teaching and learning. Her results at all levels are consistently above National average.

*This conference is venue based, rest assured, should circumstances dictate we will move the conference online.*

Call **01625 532974**

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CODE 8408

## PROGRAMME

<b>Introduction: Overview of the examinations with reference to past papers</b>	10.00 – 10.20am
<ul style="list-style-type: none"> <li>● Introduction to the day</li> <li>● Our examiners explore the key issues which meant students did or did not succeed in the previous examinations – and what students can learn from that information</li> </ul>	
<b>Paper 1: Applied Anatomy and Physiology</b>	10.20 – 10.50am
<ul style="list-style-type: none"> <li>● Exploring the major aspects of applied anatomy and physiology</li> <li>● How questions are likely to be phrased and how to answer them!</li> <li>● Key tips and guidance on pitfalls and success criteria in this area</li> <li>● Ways to remember some of the key terms/ systems/ processes</li> </ul>	
<b>Skill acquisition (with a key focus on 8 and 15 mark questions)</b>	10.50 – 11.20am
<ul style="list-style-type: none"> <li>● Deciphering the 8 and 15 mark questions – adapting knowledge to the question – demonstration of techniques to cater for the mix of AO1, 2 and 3</li> <li>● Scaffolding and planning essays to access the highest marks – what really works</li> <li>● How to develop an eye for synoptic links</li> <li>● Reference to areas of skill acquisition and how these may be examined</li> </ul>	
Break – Submit questions to the experts to win a prize!	11.20 – 11.30am
<b>Sport and society</b>	11.30 – 12.00pm
<ul style="list-style-type: none"> <li>● Investigating sport from Industrial and post-industrial sport</li> <li>● Using video sources to enhance your knowledge and application</li> <li>● Answering questions by making sense of what the examiners want: how to ensure strong exam performance on Sport in Society</li> </ul>	
<b>Exercise physiology</b>	12.00 – 12.30pm
<ul style="list-style-type: none"> <li>● A look at the aspects of diet to be covered, with a focus on nutrition and how these elements may be examined</li> <li>● How to succeed in the exams and meet the assessment criteria with a look at the knowledge, application and evaluation of training methods. (Theories and concepts will be examined using practical examples)</li> <li>● Exam techniques and synoptic links</li> <li>● Interactive student session</li> </ul>	
Lunch	12.30 – 1.30pm
<b>Ask the expert – prize giving – The speakers answer questions submitted earlier</b>	1.30 – 1.40pm
<b>Biomechanics</b>	1.40 – 2.00pm
<ul style="list-style-type: none"> <li>● How to deal with some of the harder concepts and ways to remember the fundamental aspects</li> <li>● Factors affecting horizontal displacement of projectiles</li> <li>● Factors affecting flight paths of different projectiles – Shot put, badminton shuttle</li> <li>● Vector components of parabolic flight</li> <li>● Maximising marks on biomechanics and how it may form a synoptic link</li> </ul>	
<b>Sports Psychology</b>	2.00 – 2.30pm
<ul style="list-style-type: none"> <li>● Looking at some of the more complex aspects– e.g. achievement motivation, personality, Vealey's model and self-efficacy</li> <li>● How to satisfy the examiner by not falling into common error areas</li> <li>● Linking topical areas with other areas synoptically and developing a strategy for synoptic extended questions</li> </ul>	
Break	2.30 – 2.40pm
<b>Sport and society and technology in sport</b>	2.40 – 3.10pm
<ul style="list-style-type: none"> <li>● Explaining positive and negative impacts of the role of technology in sport</li> <li>● What makes a successful performance at A level?</li> <li>● How to structure and develop extended questions</li> </ul>	
<b>Final revision ideas and plenary</b>	3.10 – 3.20pm

**Bring the student revision experience in school, by booking a fully tailored version of this course or any other, for your students.**

Our team are ready to work with you to create an outstanding day of revision and examiner advice, to ensure your students get the best results possible.

Speak to us on **01625 532974** email [online@keynote.org.uk](mailto:online@keynote.org.uk) or visit our website [www.keynoteeducational.co.uk](http://www.keynoteeducational.co.uk)

## OTHER CONFERENCES

### AQA GCSE Physical Education

Online  
Thursday 25 February 2021

Online  
Thursday 18 March 2021

CODE 8409

### Pearson Edexcel GCSE Physical Education

Online  
Monday 15 March 2021

Online  
Friday 19 March 2021

CODE 8410

## HOW TO BOOK

Places are £25 per student plus VAT, one free teacher for every 10 student places if booking as a school.

Additional non student places £35 plus VAT.

Book via our website, email [online@keynote.org.uk](mailto:online@keynote.org.uk), referencing the conference and date or over the phone on 01625 532974.

Confirmed bookings are accepted subject to availability and to terms and conditions, which can be found on our website. Early confirmation is advised to avoid disappointment. Keynote Educational Ltd reserves the right to amend the programme where circumstances dictate.

For further information and terms see our website:

[www.keynoteeducational.co.uk](http://www.keynoteeducational.co.uk)



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