

# NEW: A LEVEL REVISION & STUDY SKILLS FOR EXAM SUCCESS

CODE **8868**

## ABOUT THIS CONFERENCE

We are pleased to offer this new study and revision skills, adaptable and flexible course for all A Level teachers supporting their students in the run up to the final study skills, revision and run up to the exam itself.

The course will focus on high expectations including aspiring to achieve top grades, pragmatic approaches to study skills, attacking the exam questions, promoting good study habits and relieving the pressure on the day. In addition, students will be offered top 10 revision strategies to add to their revision strategies.

This course is flexible and can be tailored for your students. The course is an absolute must for all Year 13 students preparing for exams and would also benefit your year 12 students.

## PROGRAMME

PROGRAMME	TIME
<b>High expectations: aspiring to achieve top grades</b> <ul style="list-style-type: none"> <li>Inspiring students to aim for and access the top grades.</li> <li>Stretching all students to maximise potential.</li> <li>Ensuring high expectations are at the core of study skills</li> </ul>	10.00 - 10.30am
<b>Effective pragmatic approaches to study</b> <ul style="list-style-type: none"> <li>Ways to ensure <b>successful study</b> planning, organisation, managing and execution.</li> <li>Metacognition- Methods and strategies to embed metacognition in revision planning.</li> <li><b>Metacognition strategies</b> - "what direction do I want my thinking to take me?"</li> <li><b>Psychology of learning</b> - avoiding cognitive overload, retrieval practice and embedding knowledge into long-term memory.</li> </ul>	10.30 - 11.00am
Break	11.00 - 11.20am
<b>Raising students: Top 10 A level Strategies</b> <ul style="list-style-type: none"> <li>Ask, explain and connect - <b>elaboration</b> of ideas</li> <li>No cramming - <b>spaced practice</b></li> <li>Switch - <b>interleaving</b> topics</li> <li>Words &amp; Visuals - <b>dual coding</b></li> <li>Examples - concrete relevant <b>examples</b></li> <li>Recall what you know - <b>retrieval practice</b> test</li> <li><b>Graphic Organisers</b> - effective use of this resource to embed learning</li> <li><b>Exam Wrappers</b> - effective use of this resources to reflect on learning</li> <li><b>Flash cards</b> - effective use of this resource to prompt memory recall</li> <li><b>Genius Questions</b> - effective use of this resource to engage in retrieval practice</li> </ul>	11.20 - 12.00pm
<b>Attacking the exam questions</b> <ul style="list-style-type: none"> <li>Understanding the command words and the different connotations of these within the exam questions.</li> <li>Robust techniques to recall content and ways to appropriately apply this to examination questions.</li> <li>Dissecting examination questions- really understanding the vocabulary used and the expectations of the answer.</li> <li>Strategies to improve assessment skills including analysis, evaluation and application to achieve greater potential.</li> </ul>	12.20 - 1.00pm
Lunch	1.00 - 2.00pm
<b>The run up to the exams: Good habits: Alleviating exam stress</b> <ul style="list-style-type: none"> <li>Ensuring good habits in the final preparation.</li> <li>Growth mindset - effective techniques to develop resilience in your students and increase motivation when preparing for examinations</li> <li>Solutions to over anxiety.</li> <li>Mindset shift: preparing for exam success</li> <li>Empowering your students to assess their own revision.</li> <li>Avoiding unachievable goals- realistic day to day revision planning.</li> </ul>	2.00 - 2.40pm
<b>The day of the exam: dealing with pressure and stress</b> <ul style="list-style-type: none"> <li>Embedding stress relieving techniques for the day- deeps breaths to calm and focus.</li> <li>Scanning the questions and prioritising areas of strength to answer first.</li> <li>Avoiding the moment of panic: focusing in on the question.</li> <li>Remembering to not to panic!</li> </ul>	2.40 - 3.10pm
<b>Any Questions?</b>	3.10 - 3.30pm

LOCATION/DATE

**London**

**Friday 04 February 2022**

## COURSE LEADER

**Rosie Hussain** is a skilled practitioner and current examiner for a leading exam board. She has experience in teaching and leadership, including leading on raising achievement through varied and engaging revision methods. She is a current Head of an outstanding department in an FE setting and has a particular interest in strategies to improve metacognition and self-regulation within pupils in order to enhance student outcomes.

## WHO SHOULD ATTEND?

- Year 13 A Level students
- Year 12 A Level students
- Teachers preparing A Level Students
- Those with responsibility for A Level performance

## BENEFITS OF ATTENDING

- Your students will gain methods, approaches and strategies for study and revision skills to ensure student success.
- Take away methods to inspire students to aim for top grades.
- Take away pragmatic approaches to study.
- Get motivated with top ten A Level strategies.
- Explore ways to attack the exam questions.
- Run up to the exam: good habits.
- On the day- remembering to not panic!

**Places are £25 per student plus VAT, one free teacher for every 10 student places if booking as a school.**

**Individual teachers £80 plus VAT, additional teachers £35 plus VAT.**