

EMPOWERING WOMEN IN LEADERSHIP



Keynote Speakers

Nichole McGill-Higgins

Founder of Bee-Longing

Reena Bhogal-Welsh

Director of Education and Skills

Helen Clare

Menopause in Schools Expert

Collette Clifford

Educational Leader and Facilitator

Maria O'Neill

Director of Pastoral support in Education

CONFERENCE FOCUS

Join us for the “Empowering Women in Leadership” conference, a dynamic event dedicated to addressing barriers and fostering empowerment for women in leadership roles. This conference offers invaluable insights and resources for current and aspiring female leaders, as well as anyone interested in supporting gender equality in the workplace.

Explore crucial topics such as navigating menopause in the professional sphere, embracing your identity both as a leader and beyond, and fostering self-care strategies to support yourself and your team effectively.

Featuring renowned speakers who are experts in their fields, this conference promises to motivate and educate attendees, regardless of gender or role. Don't miss this opportunity to be part of a supportive community dedicated to advancing women in leadership.

BENEFITS OF ATTENDING

- Gain invaluable insights into navigating challenges unique to women in leadership roles.
- Learn practical strategies for self-care and supporting your team effectively.
- Explore the transformative power of embracing your identity as a leader and beyond.
- Network with renowned experts and fellow attendees passionate about gender equality in the workplace.
- Acquire actionable takeaways to enhance your leadership skills and advance your career.
- Access resources and support systems tailored to your needs.
- Engage in discussions and workshops designed to foster personal and professional growth.

WHO SHOULD ATTEND?

This conference is ideal for current and aspiring women leaders aiming to overcome barriers, develop skills, and advance their careers. It also welcomes professionals from diverse backgrounds interested in fostering gender equality in leadership roles and exploring the intersection of identity and leadership. If you're seeking inspiration and practical strategies to empower yourself and others in leadership positions, this event is for you.

PROGRAMME

TIME

Addressing The Barriers For Progression

- Identification and analysis of the key barriers that hinder women's progression into senior leadership roles.
- Exploration of systemic, cultural, and individual factors contributing to the underrepresentation of women in leadership positions.
- Strategies and interventions to mitigate these barriers and create more inclusive pathways for career advancement.

Nichole McGill-Higgins

10.00 - 10.45am

BREAK

10.45 - 11.00am

The Current Landscape

- Current representation of women in leadership roles within education.
- The progress made and the challenges for women in advancing to senior leadership positions.
- How far we have come and how far to go.
- The impact of allyship to support equity.

Reena Bhogal-Welsh

11.00 - 11.45am

BREAKOUT STRAND 1

11.45 - 12.30pm

1A How Can Parents And Schools Work Together To Support Students' Digital Wellbeing?

- To learn how to increase parental involvement and engagement when it comes to digital issues
- To gain a deeper understanding of how AI is being currently used to support pastoral care
- To take away practical whole-school strategies to address the issues related to the digital world.

Maria O'Neil**1B Menopause In Education**

- How perimenopause and menopause can affect our health and wellbeing within schools and educational institutions.
- Creating a menopause aware culture and supporting staff through menopause and perimenopause
- Building a menopause strategy that works for your organisation.

Helen Clare

LUNCH

12.30 - 1.30pm

BREAKOUT STRAND 2

1.30 - 2.15pm

2A The Science Of Wellbeing

- Understanding and managing the physical, mental and emotional pressures of school leadership.
- Explore the behaviours that scientifically affect our health and strategies to improve this.
- Wellbeing - Creating the environment for lasting change.

Collette Clifford**2B Your Identity In Leadership**

- How you view yourself as a leader and as a person
- Imposter syndrome
- The masks we wear and how to take them off.

Nichole McGill-Higgins

BREAK

2.15 - 2.30pm

BREAKOUT STRAND 3

2.30 - 3.15pm

3A Transform Your Team: Unleash The Power Of Female Leadership

- Being an agent of change
- Leading flourishing and effective teams
- Cultivating purpose-led organisations

Collette Clifford**3B Supporting Yourself, Supporting Your Students**

- Gain a deeper understanding of how to approach various areas of wellbeing effectively, including emotional and social wellbeing.
- Apply an innovative five-dimension wellbeing model to establish and nurture the culture of wellbeing.
- Take away practical easily implemented strategies to support your own and your students' wellbeing.

Maria O'Neill

DEPART

3.15pm

Keynote Speakers

Nichole McGill-Higgins

Nichole McGill-Higgins is an acclaimed leader, speaker, and advocate renowned for her transformative insights into human potential and empowerment. With a rich background and a fervent commitment to social justice, Nichole's work resonates deeply across diverse audiences. Her pioneering research at the intersection of identity, resilience, and well-being has garnered widespread acclaim, earning her recognition as a trailblazer in her field. As a keynote speaker, Nichole captivates audiences with her compelling narratives and actionable strategies for personal and collective growth. Drawing from her experiences as a scholar, mentor, and changemaker, she inspires individuals to unlock their innate potential and create positive change in their lives and communities.

Reena Bhogal-Welsh

Reena Bhogal-Welsh is the Director of Education and Skills for Bristol City Council. Within her roles, she has championed inclusive cultures and driven measurable business impact. Reena has extensive experience in the education sector as a senior vice principal and Interim principal. Beyond her professional roles, she's committed to community outreach and mentorship, empowering underrepresented groups. As a sought-after keynote speaker and consultant, Reena shares actionable insights to inspire audiences to embrace diversity for innovation and growth.

Helen Clare

Helen Clare helps schools and teachers deal with challenges that arise due to perimenopause and menopause. She does this through talks, workshops, support groups, 1 to 1 sessions, courses, and policy support. An ex-biology teacher and life-long biology geek, she has also worked in schools as a poet and artist and as part of her work for Creative Partnerships and Arts Council England. Helen is also an ICF trained coach and an associate of the British Menopause Society. She's also a textile artist on the quiet - and these days that's about menopause too!

Collette Clifford

Collette Clifford is an experienced educational leader, school improvement adviser, leadership, and wellbeing coach. With skills and practical knowledge of developing teaching and learning across secondary, primary, and most recently as an Assistant Principal in a special provision school.

Collette is passionate about supporting every child to achieve their full potential by investing in the adults that shape and support their development. Collette has worked with school leaders across the country gaining a wealth of expertise around leadership, school improvement and wellbeing. Sharing knowledge, tools, techniques, and strategies that drive positive change.

Maria O'Neill

Maria O'Neill is a distinguished leader with a proven track record in driving social impact and organizational transformation. With extensive experience spanning the public, private, and non-profit sectors, Maria has been at the forefront of driving positive change and innovation. Her expertise in strategic planning, stakeholder engagement, and project management has been instrumental in delivering impactful initiatives that address complex societal challenges. As a Fellow of the Royal Society of Arts (FRSA), Maria is recognized for her commitment to driving social progress and fostering inclusive communities.



“ Insightful, engaging and relevant. Very informative! Useful insights into the extent in which AI can benefit teachers and students. Mind blowing! ”

**Gosford Academy
November 2023**

“ Very engaging, great to hear from different schools and hear about different challenges. Lots of useful tips to takeaway. Excellent values and insights with great interactive sessions. ”

**Barr's Hill School
November 2023**

“ Really inspiring! Excellent conference. So exciting to see someone speak so enthusiastically about leadership. Very informative and thought provoking. ”

**Wirral Grammar School for Girls
November 2023**

COSTS

1st delegate rate	£349 + VAT
2nd delegate rate	£329 + VAT
3rd delegate rate	£309 + VAT

Costs include:

- All speaker presentations for all sessions
- Full set of conference notes, materials and resources
- Sit down 2-course lunch in the restaurant
- Refreshments upon arrival, mid-morning break and afternoon break

Keynote

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