

# Physical Education

**CPD Courses** 

Summer - Autumn 2024

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# Why Keynote Educational?

Here at Keynote Educational we are dedicated to excellence and inspiring both teachers and students. As a leading national provider, we offer a range of services, including CPD Courses, National Conferences, In-School Events, Exam Marking, Student Revision Conferences and Webinars.

With an innovative and rich history spanning over 25 years, our commitment remains strong in empowering teachers and supporting students in maximizing their potential.

- Informative and engaging CPD Courses designed by our expert in-house team and dynamic course leaders
- Motivating and inspiring course leaders and conference speakers with direct, current knowledge of the 2024 exams
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If you are interested, please send a brief email outlining your teaching and examining expertise and a copy of your CV to jobs@keynote.org.uk

### **Leading an Outstanding Physical Education Department**

Course Code: T0002 Course Fee: £269 +VAT Course Leader: Marcus Sharrad

Wednesday 12 June 2024 Manchester:

Monday 21 October 2024

London: Thursday 27 June 2024

Monday 25 November 2024

### **ABOUT THIS COURSE**

This new course is designed to examine strategic approaches which can springboard a physical education department into significant successes. Leadership will be considered widely, before focusing on teaching and learning as a means by which the physical education department can take its place as a legitimate academic subject.

### BENEFITS OF ATTENDING

- Consider what makes a PE department excellent, and the role of the Head of PE in achieving excellence
- Look at ways in which a Head of PE can develop and improve teaching and learning within the department
- Enhance ability to lead, support and nurture teachers in the department
- Discuss research-led approaches to teaching and learning, and how these can be implemented in a physical education department

### **PROGRAMME**

### What is an "Outstanding Physical Education department"?

10 00am

Aims of physical education What are your core values? Can this be school-specific?

### **Student Recruitment**

10 30am

- Key Stage 3: curricula to attract and retain students
- Beyond the classroom and the curriculum: educational visits and trips
- Physical Education in a digital world

#### 11.10am Break

#### Aligning your strategic plan with your curriculum 11.30am

- De-coupling sport and physical education
- Academic sport sciences the role of GCSE/A Level/ Cambridge Tech/
- Whole-school strategic aims aligning departmental with senior management

### **Teaching & Learning**

12.15pm

- Curriculum planning and schemes of work
- Assessment: monitoring and tracking and the effective use of data
- The role of the Head of PE in planning and managing T&L: possibilities

### 1.00pm

#### 2.00pm **Effective Leadership: inspiring and motivating**

- Accountability: Setting the standards for high performance
- Motivating your staff and your pupils
- Appraisal and observation processes: Our department is an "open-door" policy!

#### 3.00pm Break

### How it works: The Head of Physical Education

3.05pm

- Managing one's time and workload: variables and the work-life balance
- The pros and cons of delegation
- Peaks, troughs and the long run: responding to success and failure

Depart 3.45pm

### **Upcoming PE Courses**

### Designing a Practical PE Curriculum for the Future

Course Code: T0026

Course Leader: Marcus Sharrad Manchester: Tuesday 18 June 2024 London: Monday 01 July 2024

### **Outstanding Assessment, Marking and** Feedback in AQA A-Level PE

Course Code: T0004 Course Leader: Ross Howitt

Manchester: Thursday 14 November 2024 London: Tuesday 10 December 2024

### **OCR A Level PE: Maximising Student Outcomes in the Exam Papers**

Course Code: T0008 Course Leader: Diane Skelly

Manchester: Monday 11 November 2024 London: Tuesday 03 December 2024

### Achieving Grades 7 to 9 in AQA GCSE PE

Course Code: T0014 Course Leader: Ross Howitt

Manchester: Wednesday 13 November 2024 London: Thursday 28 November 2024

### **Improving Outcomes for Lower Ability Students** in OCR GCSE PE

Course Code: T0016

Course Leader: Marcus Sharrad

Manchester: Tuesday 22 October 2024 London: Thursday 12 December 2024

### Pearson/Edexcel GCSE PE: Achieving Success in the NEA

Course Code: T0022 Course Leader: Tony Corcoran

Manchester: Tuesday 12 November 2024 London: Wednesday 27 November 2024

View our full range of courses





## Teaching AQA A-Level PE for the first time

Course Code: T0006
Course Fee: £269 +VAT
Course Leader: Ross Howitt

Manchester: Monday 24 June 2024

Friday 08 November 2024

London: Wednesday 10 July 2024

Wednesday 04 December 2024

### **ABOUT THIS COURSE**

This course is designed for teachers who are new to teaching AQA A Level PE, to improve understanding of the AQA specification and ensure that candidates have the best opportunity to maximise their students' potential grades. Delegates will receive new teaching approaches as well as key guidance in how to develop exceptional examination and NEA techniques when delivering the course for the first time.

### **BENEFITS OF ATTENDING**

- Obtain excellent understanding of the complexities of AQA A-Level PE
- Gain insight into the content, the exam structure and how the exams are marked
- Develop your teaching in specific topic areas to raise standard of achievement
- Examples of extended A-level questions: how to prepare students to get the most possible marks

### **PROGRAMME**

### Introduction: identifying methods that will enhance performance from the start 10.00am

 Overview of the specification- introducing the scheme of work and baseline assessment

- Analysing the assessment criteria and looking how to incorporate AO1, AO2 and AO3 in your lessons
- Recognising which areas will be the most challenging and preparing for these

### Break 11.15am

### Tackling the Challenging Content of AQA A level PE 11.30am

- Planning and teaching the more demanding topics making complicated concepts easy
- Teaching for the different types of questions help students access all the available marks
- Designing formative assessment and feedback through focussed starters and plenaries

### Skill, Sports Psychology and Socio-cultural issues 12.15pn

- Planning for success, teaching methodologies and using retrieval practice to boost student performance
- Teaching ideas with associated questions and resources, from selected topics
- Getting students involved in their learning making theory 'practical'

#### Lunch 1.15pm

### Managing the NEA

2.15pm

- Performing, coaching and officiating the AQA standard at different grades
- How to structure a programme of practical teaching and assessment
- Constructing excellent written coursework: where and why students can struggle

### Effectively tackling the theory examination

3.15pm

- Teaching towards the 'endgame' ensure you are marking 'like the examiner'
- Focus on essay structure in exams what top grade responses look like
- Marking and assessment strategies to access the higher level grades

Depart 3.45pm

### AQA A-LEVEL PE

### AQA A-Level PE: Preparing Students for Exam Success in 2025 and Beyond

Course Code: T0023
Course Fee: £269 +VAT
Course Leader: Ross Howitt

Manchester: Tuesday 18 June 2024
London: Thursday 27 June 2024

### **PROGRAMME**

### The Exam – Reflections and Approaches

10.00am

Summer 2024

- Feedback from the most recent exam: deep-diving problem questions
- Maximising student focus on what brings the most reward in exams
- Plan of action- what should we do? How should we do it?

### Break 11.00am

### Extended Question Focus 11.20am

- How do students answer compared to what the exam board want to see
- Meeting the demands of the questions and managing synopticity
- AO3 clinic

### **Short Answer Headaches**

12.00pm

- Dealing with data in the manner that A-Level PE expects
- Working with new and innovative methods to prepare students for data demands
- Deciphering where marks are lost

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1.00pm

### Spotlight on the NEA

2.00pm

- The AQA standard at different grades why do students miss out?
- Outstanding practical teaching and assessment to gain the best marks
- Constructing excellent written coursework: where and why students struggle

### Break 2.40pm

### Moving Forward and Maximising Success in 2025 and Beyond

2.50pm

- Producing a plan of action to maximise student success in 2025
- Specific lessons to be learnt and how to prevent them from happening again
- Developing a progressive teaching culture that organically learns and improves

Depart 3.40pm

This brand-new course will explore how you can turn the mistakes made in previous exam series into an opportunity for positive change moving forward, fully preparing your students for success in the year ahead and beyond. This interactive course will support and challenge teachers in equal measures.

### **BENEFITS OF ATTENDING**

**ABOUT THIS COURSE** 

- Understand the main lessons to be learnt from previous examinations
- · Gain an informed overview of key areas of concern
- Learn new and innovative ways to deliver areas that target these areas of concern
- Experience and try out novel pedagogy in the classroom
- Produce a strategic approach to maximise student success in 2025 and beyond



### Aiming for A/A\* in AQA **A-Level PE**

Course Code: T0005 £269 +VAT Course Fee: Course Leader: Jackie Brookes

Manchester: Wednesday 13 November 2024 London: Thursday 21 November 2024

### **ABOUT THIS COURSE**

This new course will demonstrate how to guide your best students to achieve Grades A & A\* in future AQA A-level PE examinations. Focused extensively on evidence-based teaching, learning and assessment practice as well as feedback from the most recent exams, you will leave with a vast range of resources and practical strategies that will enable you to increase A & A\* grade attainment.

### **BENEFITS OF ATTENDING**

- Gain the latest evidence-based practice that challenges A/A\*
- Develop greater understanding of what examiners are looking for in Grade A/A\* responses
- Take away a range of innovative teaching ideas and electronic resources for your most able students
- Focused on identifying the demands of Grades A & A\* and providing materials to help teachers prepare students

### **PROGRAMME**

#### 10.00am Challenging our most able students

- Who are our most able students?
- Why do we have to challenge our most able students?
- How are A/A\* Grades achieved?

10.45am

#### 11.00am Focus on assessment demands for A/A\* students

- Examine the assessment demands of all components including the use of assessment objectives as a framework for assessment
- Analysis of mark schemes which sections/questions differentiated candidates?
- Avoiding potential hazards: what can cost a top student their A/A\* grade?

### The key challenges for A/A\* students in extended questions

- Applying synoptic requirements correctly
- Supporting students to write top band extended answers
- Applying knowledge to consistently write top band evaluation or analysis

1.00pm

### Stretching and Challenging the most able students in short answer questions

2.00pm

- The shorter questions: what are the potential pitfalls?
- The value of context achieving depth of AO3 in short answer questions
- What makes a strong A-Level response? How can we build up to this?

3.00pm

### Tactics for achieving the highest grades in the written coursework

3.00pm

- Develop an action plan for success for students
- How to achieve depth or breadth of analysis
- Examine some high mark pieces of coursework and unpick why

3.45pm

### **AQA A-LEVEL PE**

### **AQA A Level PE: Achieving** Success in the NEA

T0007 Course Code: Course Fee: £269 +VAT Course Leader: **Ross Howitt** 

Manchester: Wednesday 27 November 2024 London: Tuesday 17 December 2024

### **ABOUT THIS COURSE**

In this course, you will maximise success with effective strategies for the crucial NEA. The course will ensure that delegates have up to date information about the NEA component, as well as offering strategies and guidance for ensuring that students are prepared and assessed accurately in both the practical and oral elements of the NEA component, in readiness for moderation in 2025

### **BENEFITS OF ATTENDING**

- Take away the latest key advice on how to ensure students achieve the highest grades possible for NEA
- Getting to grips with the specification content and the requirements of the NEA component (including the written coursework)
- Preparing students for the NEA with suggested strategies for delivery and assessment
- Administrative guidelines for the submission of NEA assessments



Autumn 2024

### **PROGRAMME**

### Overview, principles and aims of the assessments

10.00am

- Get to grips with the requirements, the content and structure of the NEA
- What makes the best students stand out in their Practical Performance?
- Helping students see the connections between NEA and exam work: teaching techniques that work

**Break** 10 45am

### Success with the NEA assessments - Practical

- Ensure successful NEA in the practical areas in which students struggle
- Ways to present evidence to maximise the chances of problem-free moderation
- Take part in a peer-led standardisation exercise using the assessment

12.30pm

### **Analysis and Evaluation task**

1.30pm

- Explore best practice for preparing students for top marks in the Analysis and Evaluation
- Understanding the difference between breadth and depth
- How to use breadth or depth for the analysis and depth (only) for the evaluation

2.30pm

### **Marking and Moderating**

- Administrative guidelines and why it is crucial to complete them accurately Take part in a peer-led standardisation exercise using the assessment
- How best to use previously moderated work to improve student

3.45pm **Depart** 

# Teaching OCR A-Level Physical Education For The First Time

Course Code: T0009
Course Fee: £269 +VAT
Course Leader: Diane Skelly

Manchester: Monday 10 June 2024

Tuesday 19 November 2024

London: Wednesday 26 June 2024

Wednesday 04 December 2024

### **ABOUT THIS COURSE**

This refreshed course aims to provide teachers new to, returning to, or those with limited experience of delivering OCR A-Level Physical Education an in-depth insight into both the theoretical and NEA specifications of this course, together with suggested strategies of how to deliver this popular A Level.

### **BENEFITS OF ATTENDING**

- Gain in depth knowledge of the structure of the three theoretical units
- Gain in depth knowledge of the two NEA units
- Gain an understanding of the assessment process and strategies to maximise student outcomes
- Develop an understanding of the NEA moderation process
- To gain a comprehensive overview of both the theoretical and NEA components of the specification. To gain ideas and strategies on programming and delivery of the course

### **PROGRAMME**

### An introduction to the specification

10.00am

- An overview of the structure of each unit
- Recognising which areas will be most challenging for you and how to address these
- Introducing the range of question types across all three units

reak 11.00am

### **Preparing students for exams**

11.15am

- Teaching towards the 'endgame' ensure you are marking 'like the
- examiner'
- Focus on essay structure in exams what top grade responses look like
- Marking and assessment strategies to access the higher level grades

Lunch 12.30pm

### NEA – the practical component

1.30pm

- An overview of the practical activity options
- Analyse and evaluate their own/another Candidates performance in a formal or competitive setting with excellent levels of depth and breadth
- Exemplar performances in a range of activities

Break 2.30pm

#### NEA - the oral assessment

2.45pm

- An overview of the EAPI oral assessment
- Assessing the EAPI with example
- Effective programming and preparation for the NEA

Depart 3.45pm

### **OCR A-LEVEL PE**

# OCR A Level PE: Achieving Success in the NEA

Course Code: T0010
Course Fee: £269 +VAT
Course Leader: Diane Skelly

Manchester: Wednesday 20 November 2024
London: Monday 02 December 2024

### **ABOUT THIS COURSE**

In this course, you will maximise success with effective strategies for the crucial NEA. The course will ensure that delegates have up to date information about the NEA component, as well as offering strategies and guidance for ensuring that students are prepared and assessed accurately in both the practical and oral elements of the NEA component, in readiness for moderation in 2025.

### **BENEFITS OF ATTENDING**

- Receive up to date NEA information
- Increase understanding of the assessment criteria and levels of assessment
- Develop an understanding of the significance of internal standardisation and cross standardisation within a centre
- Experience an interactive exercise, viewing videos of practical activities and applying, through discussion, the assessment criteria for each activity
- Develop strategies for preparing candidates accurately for the EAPI assessment



Autumn 2024

### **PROGRAMME**

### Learning from 2024 to ensure accurate assessment in 2025

10.00am

- Common errors across centre assessments lessons to be learned
   Preparation, assessment, moderation a flow chart for accurate
- Administrative guidelines for the submission of NEA assessments

Break 11.00am

### Preparing students for practical activity assessment 11.15am

- Do students know how they are to be assessed in their chosen practical activity?
- Maintaining centre evidence of student performance throughout the
  COURSE
- Accurate and realistic Competitive Logs to support assessment

unch 12.30pm

### Preparing students for the EAPI

1.30pm

- Common errors in how centres prepare and assess students in the EAPI
- Ensuring that all elements of the EAPI guidance are covered
- When and how to integrate theory into the EAPI

Break 2.30pm

### Accurate assessment of the EAPI

2.45pm

- How to accurately match the assessment criteria to a student response
- An exemplar response
- Assessing a candidate response a delegate exercise

Depart 3.45pm

### **OCR A-Level PE: Preparing Students for Exam Success** in 2025 and Beyond

Course Code: T0024 Course Fee: £269 +VAT Course Leader: Diane Skelly

Wednesday 03 July 2024 London:

### **ABOUT THIS COURSE**

This brand-new course will explore how you can turn the mistakes made in previous exam series into an opportunity for positive change moving forward, fully preparing your students for success in the year ahead and beyond. This interactive course will support and challenge teachers in equal measures.

#### BENEFITS OF ATTENDING

- Understand the main lessons to be learnt from previous examinations
- Gain an informed overview of key areas of concern
- Learn new and innovative ways to deliver areas that target these areas of concern
- Experience and try out novel pedagogy in the classroom
- Produce a strategic approach to maximise student success in 2025 and beyond

### **PROGRAMME**

### The Exam - Reflections and Approaches

10.00am

- Feedback from the most recent exam: deep-diving problem questions
- Maximising student focus on what brings the most reward in exams
- Plan of action- what should we do? How should we do it?

### 11.00am

### **Extended Question Focus**

11.20am

- How do students answer compared to what the exam board want to see
- Meeting the demands of the questions and managing synopticity

#### **Short Answer Headaches**

12.00pm

- Dealing with data in the manner that A-Level PE expects
- Working with new and innovative methods to prepare students for data
- Deciphering where marks are lost

### 1.00pm

### Spotlight on the NEA

2.00pm

- The OCR standard at different grades why do students miss out?
- Outstanding practical teaching and assessment to gain the best marks
- Constructing excellent written coursework: where and why students struggle

#### **Break** 2.40pm

### Moving Forward and Maximising Success in 2025 and Beyond

2.50pm

- Producing a plan of action to maximise student success in 2025
- Specific lessons to be learnt and how to prevent them from happening
- Developing a progressive teaching culture that organically learns and improves

3.40pm Depart

### **Student Revision Webinars**

### Are Your Students Ready For Exam Success?

Maximise your students' exam success this summer with our cuttingedge student revision webinars. Led by subject experts, our sessions are designed to turbocharge GCSE and A-Level performance.

- Expert Guidance from examiners and teachers
- Comprehensive Coverage across a wide range of subjects
- Full Access to the entire webinar recording until the end of the summer term

### **AQA A-LEVEL**

Webinar Leader: Jackie Brookes Paper 1: Wednesday 01 May 2024 Paper 2: Tuesday 07 May 2024

### **AQA GCSE**

Webinar Leader: Ross Howitt Paper 1: Friday 03 May 2024 Paper 2: Thursday 16 May 2024

### **OCR GCSE**

Webinar Leader: Tony Corcoran Paper 1: Tuesday 07 May 2024 Paper 2: Tuesday 21 May 2024

### **PEARSON EDEXCEL GCSE**

Webinar Leader: David Pryce Paper 1: Monday 29 April 2024 Paper 2: Tuesday 07 May 2024

Per School Login

### **Exclusive Brochure Offer:**

Book your place by Friday 17 May 2024 to take advantage of the following offers:

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### **KEYNOTE50\*\***

Buy 2 webinars and get a third free with code

### **(EYNOTE100\*\***

\*Terms and Conditions apply. £95.00 buys one webinar login for a specific webinar.

\*\*Terms and Conditions apply. Bookings must be placed by 17/05/2024 using the relevant discount code. The discount codes are not valid in conjunction with any other offers and cannot be applied retrospectively. Discount applies to Student Revision Webinars only and exclude all other products sold by Keynote Educational.

### **Brilliant GCSE PE Teaching**

Course Code: T0011

Course Fee: £269 +VAT

Course Leader: Jackie Brookes

Manchester: Thursday 27 June 2024

Thursday 28 November 2024

London: Friday 12 July 2024

Friday 06 December 2024

### **ABOUT THIS COURSE**

This course focuses on excellent teaching approaches, methods, resources, and techniques to help teachers raise attainment in students of all abilities by improving student confidence, knowledge and a stronger understanding of what examiners are looking for. The course is generic, suitable for teachers of all examination boards, though examples of the NEA will be taken from the AQA board.

### **BENEFITS OF ATTENDING**

- Develop a range of approaches to tackling the key areas of GCSE PE
- Understand how to set an engaging and motivating classroom
- Effective differentiation to challenge and extend all students specific to their potential
- Take away AFL techniques, feedback and marking strategies to raise attainment
- Increase awareness of exam readiness to maximise exam technique

### **PROGRAMME**

### What is 'brilliant' GCSE PE teaching

What is brilliant teaching in GCSE PE and why?

Exploring the theory behind an 'active' classroom environment

Develop a range of approaches to tackling key areas of GCSE PE

Break 11.00am

### **Readiness for GCSE PE**

11.20am

10.00am

- Increasing engagement in the challenging topics make sure learning is penetrating
- · Short questions: techniques that escalate the assessment objectives
- Develop AO3 skills; how will this support the 6 mark questions

### The NEA: Tackling the areas that students struggle with 12.20pm

- Where do students struggle according to the exam boards and what can we do about it?
- Approaches to encourage PE students to produce high level written work
- Methods for teaching the best coursework technique

Lunch 1.00pm

### Effective differentiation to challenge and extend students of all abilities

2.00pm

- Make complicated and timely concepts easy maintain pace, motivate and enjoy
- · Questioning techniques for all abilities
- Challenge the learners to adopt a synoptic approach to 9-markers

### **Tackling the Extended Question**

2.45pm

- The importance of planning how can this be completed in the exam environment
- · Teaching and learning approaches to develop the skills to build an answer
- Review model answers to extended questions why did they achieve high marks?

Depart 3.30pm

### **AQA GCSE PE**

## New to Teaching AQA GCSE PE

Course Code: T0013

Course Fee: £269 +VAT

Course Leader: Jackie Brookes

Manchester: Wednesday 19 June 2024

Wednesday 27 November 2024

London: Thursday 04 July 2024

Thursday 05 December 2024

### **ABOUT THIS COURSE**

This course is specifically targeted and designed for all teachers starting to teach GCSE Physical Education for the first time and is applicable to AQA. The day will give delegates tips, realistic practical advice and guidance, and practical strategies and approaches on how to deliver the course with minimum stress whilst maintaining maximum student achievement.

### **BENEFITS OF ATTENDING**

- Explore practical ideas for identifying and delivering the key components of GCSE PE
- Gain a good understanding of the relationship between the practical demands and the written paper
- Gain confidence in planning and teaching outstanding lessons for students of all abilities
- Take away immediately useful materials, including lesson ideas and teaching resources



Summer - Autumn 2024

### **PROGRAMME**

### The specification in depth

10.00am

- The 4 GCSE PE assessment objectives and how they are met
- Ensuring progression from Key Stage 3, focussing on both written and practical work
- Starting to develop a teaching philosophy that prepares students for the assessment objectives

Break 11.00am

### **Teaching Paper 1: The Human Body and Movement**

11.15am

- Understanding and meeting the demands of a written paper
- How to include technical terminology and knowledge throughout your teaching
- Ideas and resources for particularly problematic areas including movement analysis, planes and axes and lever systems

### Teaching Paper 2: Socio-Cultural Influences and Well-being

12.00pm

- The importance of providing feedback and how to boost attainment in specific areas
- Focusing on delivery in sports psychology and socio-cultural aspects
- Assessing your candidates: using the mark scheme and ensuring that you engage those who are not as motivated

unch 1.00pm

### **NEA** – preparation, delivery and moderation

2.00pm

- The demands of this practical unit: what's being assessed, and how
- Selecting appropriate practical options and how to deliver these options
- The specifics: how to present practical evidence to meet the assessment criteria

### Part 3 - analysis and evaluation

3.00pm

- What part 3 involves and how to structure delivery
- · Using the assessment grids to inform your teaching
- JCQ rules on delivery and feedback during preparation of this work

Depart 3.30pm

### **Outstanding AQA GCSE PE Teaching: How Tackle the Toughest Topics**

Course Code: T0012 Course Fee: £269 +VAT Course Leader: Ross Howitt

Thursday 04 July 2024 Manchester: London: Thursday 13 June 2024

### **ABOUT THIS COURSE**

This fantastic course will explore the more difficult to teach topics in AQA GCSE PE and is designed for all teachers who wish to ensure their students maximise their potential. By providing a range of fresh and innovative teaching approaches to help students achieve a greater depth of understanding in these areas, the course aims to help teachers foster outstanding teaching, learning and achievement and raise the overall attainment of their classes.

### **BENEFITS OF ATTENDING**

- Receive informed lesson ideas and resources to make delivery easier and more effective
- Focus on key errors and mistakes that are commonly made
- Learn from previous marks schemes and how issues can be
- Clarify any misconceptions in depth and theoretical
- Focus on an area you teach and learn how to make 'synoptic

### **PROGRAMME**

### 3.1.2 Movement analysis

10.00am

- What is needed to be known and in how much depth
- Why some of the teaching areas prove to be more problematic than
- How application, analysis and evaluation should be planned for

11.00am

#### 3.1.3. Physical training

11.15am

- It may surprise you but many, many marks are lost in this area!
- Fantastic teaching that actually prepares for all examination eventualities
- What a great lesson looks like

#### 3.1.4 Use of data 12.15pm

- Information about appropriate depth of data use
- Major pitfalls that can occur in exams and how to avoid them
- Sourcing and using data at an appropriate GCSE PE level

1.15pm

### 3.2.1 Sports Psychology

2.15pm

- Specific reference to classifications, goal setting and motivation
- How deep to teach and how to apply the theory
- An easy way to help students apply appropriate targets (AO2)

### **Exam Tactics and Techniques**

3.15pm

- How to bring all the content together to prepare for the exam
- How to embed exam technique for students at different levels
- How to prevent key mistakes from being made

Depart 3.40pm

### **AQA GCSE PE**

### **AQA GCSE PE: Preparing** Students for Exam Success in 2025 and Beyond

Course Code: T0025 Course Fee: £269 +VAT Course Leader: Jackie Brookes

Manchester: Thursday 20 June 2024 London: Wednesday 03 July 2024

### **ABOUT THIS COURSE**

This brand-new course will explore how you can turn the mistakes made in previous exam series into an opportunity for positive change moving forward. Join AQA GCSE PE expert Jackie Brookes as she goes far beyond reviewing examiners' feedback and carries out a focused and in-depth look at the exam papers to analyse areas of challenge as well as successes.

### **BENEFITS OF ATTENDING**

- Understand the main lessons to be learnt from previous examinations
- Tackle the challenges faced by students with exam technique
- Embed appreciation of exam performance into effective teaching and learning
- Maximise student performance in the written coursework
- Discover strategies to improve outcomes in the 2025 exams

Summer 2024

### **PROGRAMME**

### The Exam - Reflections and Approaches

10.00am

- The main factors and challenges that affect examination success in papers 1 and 2
- Engaging students in the content of the course, what brings the most reward in exams
- Reflections on the most recent mark scheme and what this means moving forward

### A Focus on Paper 1

10.40am

- Question level analysis where and why students struggled
- Deep dive on the 6- and 9- marker performance
- Marking exercise model responses to emphasise effective exam technique

**Break** 11.30am

### Paper 2 Focus

11.50am

- Question level analysis the challenging questions
- How can students demonstrate understanding? model responses
- Exploring the demands of 6- and 9-mark questions how should students approach them?

12.40pm Lunch

#### **NEA Feedback** 1.40pm

- Analysis and key learning from the Lead moderator report
- Key learning with the written coursework
- Tackling the biggest mistakes made by centres?

2.30pm

#### Forward Planning for Exam Success in 2025 2.40pm

- Embedding AOs in the lesson delivery
- Exciting ways to engage mixed ability students

3.40pm

### **New to Teaching OCR GCSE PE**

Course Code: T0017 £269 +VAT Course Fee: Course Leader: Diane Skelly

Wednesday 19 June 2024 Manchester:

Tuesday 12 November 2024

Monday 01 July 2024 London:

Wednesday 09 December 2024

### **ABOUT THIS COURSE**

This course offers an introduction and overview to teaching the OCR GCSE Physical Education course for anyone in their first years of teaching the course, or for anyone lacking confidence in delivering the course effectively.

### **BENEFITS OF ATTENDING**

- Provide teachers of OCR GCSE Physical Education the material and confidence to teach effectively to all ability
- Obtain exceptional understanding of the assessment objectives and how to teach them
- Gain insight into the content, the exam structure and the how exams are marked.
- Understanding of how to differentiate using scaffold and stretch strategies for extended questions
- Appreciate the requirements for the NEA

### **PROGRAMME**

### An introduction to the specification

10.00am

- An overview of the Physical Factors Affecting Performance and Sociocultural Issues and Sports Psychology units
- Introducing the range of question types across the three units
- Illustrations of resources and strategies to aid learning

11.00am

### **Preparing students for exams**

11.15am

2.45pm

Reading the guestions and extracting the correct information

Exemplar responses for the differing types of questions

Common mistakes and pitfalls

12.30pm

#### **NEA** – the practical component 1.30pm

- An overview of the practical activity options
- Assessing the practical activities
- The moderation process how it works

2.30pm

### NEA - the written assessment

- An overview of the AEP written coursework assessment
- Assessing the AEP and extracts from an exemplar AEP
- Effective programming and preparation for the NEA Ensuring your students are ready

**Depart** 3.45pm

### **OCR GCSE PE**

### Aiming for Grades 7 - 9 in OCR GCSE Physical **Education**

Course Code: T0018 Course Fee: £269 +VAT Course Leader: Marcus Sharrad

Wednesday 23 October 2024 Manchester: Friday 13 December 2024 London:

### **ABOUT THIS COURSE**

This course, updated for Autumn 2022 is focused on meeting the demands of the higher-level marking bands across all components. It examines the characteristics of work produced by students working at the highest levels and provides a range of teaching approaches and materials designed to ensure students achieve 7-9 in OCR GCSE PE.

### **BENEFITS OF ATTENDING**

- Gain an informed understanding of what is required to achieve grades 7-9
- Explore ideas and approaches that enable students to reach the highest grades possible in both the practical and written
- Understand the assessment demands of the OCR GCSE PE specification

Autumn 2024

### **PROGRAMME**

### Focused deep dive on the demands of the OCR GCSE **Specification**

10.00am

11.00am

- Examine the assessment demands of all components including the use of assessment objectives as a framework for assessment
- Consider the most effective models for delivery of the course to ensure effective assessment practice across 2 years and in all components

10.40am

### Achieving Grades 7 - 9 in OCR GCSE PE: What does it Involve?

### Review characteristics of Grades 7 - 9 students

Grades 7, 8, and 9; what are the differences between these?

Explore feedback from the most recent exam series - How did your students perform, what went well and what needs to change for 2024?

### The Written Papers: Exam Questions and Strategies to Support High Level Students

- Identifying the range of question types on both J587/01 and J587/02; multiple choice, short structured, longer structured, data response and
- Problems created by not reading the question fully examples of how

1.00pm

### The NEA: Maximising NEA Outcomes to Access Top Level Marks

2.00pm

How to achieve the highest grades for NEA practical

- Review examples of NEA at Grades 7 9, what top level students do
- Characteristics of the most successful candidates in the NEA

**Break** 3.00pm Strategies to really stretch top end students 3.05pm

- Discover ways to take a good PE student and make them a great PE
- How to structure NEA which allows for student autonomy
- Creating opportunities to learn from peers, and using the resources available within your school

3.45pm **Depart** 



### New To Teaching Pearson Edexcel GCSE PE

Course Code: T0020
Course Fee: £269 +VAT
Course Leader: Tony Corcoran

Manchester: Thursday 04 July 2024

Tuesday 19 November 2024

London: Wednesday 10 July 2024

Thursday 05 December 2024

### **ABOUT THIS COURSE**

This course is targeted and designed for all teachers who are new to or have limited experience of taking students through the Pearson Edexcel GCSE PE specification. The day will give delegates guidance, realistic practical advice and proven strategies on how to deliver an enjoyable and successful course.

### **BENEFITS OF ATTENDING**

- Gain top teaching tips and realistic practical advice based on current practice
- Gain ideas and materials to teach successfully in all theory areas
- Gain a clear understanding of how to deliver Components 3 (Practical) and 4 (PEP)
- Examine exemplars of good practice to improve student examination success

### **PROGRAMME**

### Overview of the specification

10.00am

- Key challenges and opportunities areas to focus your teaching around
- Teaching ideas and approaches to make sure that students maintain progress and motivation
- · Making effective links between practical and theory

Break 11.00am

### Meeting the challenge of Paper 1 topics:

Fitness and body systems

11.15am

- Preparing all students for success on Paper 1 the key questions which they struggle and methods to overcome this
- How to meet the demands of the different question types successfully in your teaching
- Embedding an understanding of data so students can analyse information effectively

Lunch 12.45pm

### Planning for successful teaching in Paper 2:

### **Health and Performance**

1.30pm

- Delivering the key concepts and teaching theory through practical activities
- How assessment is carried out for Paper 2
- Successful strategies to support students in the extended writing question

Break 2.45pm

### Components 3 and 4: The NEA

2.50pm

- Component 3: developing and demonstrating high level practical performance
- Component 4: supporting students to produce a high-quality PEP
- Making effective links between practical and theory

Final Top Tips 3.30pm

Depart 3.45pm

### **PEARSON EDEXCEL GCSE PE**

### Pearson Edexcel GCSE PE: Preparing Students for Exam Success in 2025 and Beyond

Course Code: T0028
Course Fee: £269 +VAT
Course Leader: Tony Corcoran

Manchester: Tuesday 18 June 2024
London: Wednesday 26 June 2024

### **ABOUT THIS COURSE**

This brand-new course will explore how you can turn the mistakes made in previous exam series into an opportunity for positive change moving forward. Join GCSE PE expert Tony Corcoran as he goes far beyond reviewing examiners' feedback and carries out a focused and in-depth look at the exam papers to analyse areas of challenge as well as successes.

### **BENEFITS OF ATTENDING**

- Understand the main lessons to be learnt from previous examinations
- Tackle the challenges faced by students with exam technique
- Embed appreciation of exam performance into effective teaching and learning
- Maximise student performance in the written coursework
- Discover strategies to improve outcomes in the 2025 exams

### **PROGRAMME**

### The Exam – Reflections and Approaches

10.00am

Summer 2024

- The main factors and challenges that affect examination success in papers 1 and 2  $\,$
- Engaging students in the content of the course, what brings the most reward in exams
- Reflections on the most recent mark scheme and what this means moving forward

### A Focus on Paper 1

10.40am

- Question level analysis where and why students struggled
- Deep dive on extended questions
- Marking exercise model responses to emphasise effective exam technique

Break 11.30am

### Paper 2 Focus

11.51am

- Question level analysis the challenging questions
- How can students demonstrate understanding? model responses
- Exploring the demands of extended questions how should students approach them?

Lunch 12.40pm

### NEA Feedback 1.40pm

- Analysis and key learning from the Lead moderator report
- Key learning with the written coursework
- Tackling the biggest mistakes made by centres?

### Break 2.30pm Forward Planning for Exam Success in 2025 2.40pm

- Embedding AOs in the lesson delivery
- Skill based teaching
- Exciting ways to engage mixed ability students

Depart 3.40pm



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