

Manchester Friday 08 March 2019

London Tuesday 12 March 2019

Keynote
educational



OCR A LEVEL PHYSICAL EDUCATION

CONFERENCE FOCUS

This NEW conference, is designed in the light of the 2018 examinations. The revamped conference will focus on challenging areas, how to boost grades and how to meet the demands of the questions for examination success in 2019.

A fully interactive day for students: the OCR A Level specification brought to life with subject experts, exam focus areas and activities. This conference will provide students with practical, engaging and motivational revision for the OCR A Level Physical Education examinations. Throughout the day, students will work with examiners and practitioners with a focus on improving their grades.

KEYNOTE PRESENTERS

Russell Tomlin

Educational Consultant, outstanding teacher and training provider.

Kate McDonnell

Kate is a current Head of PE and Curriculum Leader for Science and Sport in an Outstanding Beacon college, rated the top college nationally for 'A Level Progress'. The PE department is an 'Outstanding' department with consistently high ALPS scores.

Steve Fuller

Steve is a current Head of PE and has been teaching OCR PE for over ten years. Stephen has also successfully completed an MA in Education, focusing on revision strategies to improve performance within A Level PE.

BENEFITS

- Gain first hand advice and guidance from subject experts that will enable students to really succeed in their exams
- Exciting and interactive sessions, which boost student motivation and interest ahead of the assessments
- Gain enhanced knowledge and understanding of key topics
- Improved examination outcomes through a high quality review of essential examination technique for A Level OCR PE
- Receive a comprehensive workbook to complete on the day – this will form an excellent part of your revision after the event



PROGRAMME	TIME
Welcome and introduction	10.15 – 10.25am
Essential exam tactics <ul style="list-style-type: none"> • What we learnt from 2018 exam series: our examiners guide you through what made a difference to grades in OCR A Level PE • How to produce what the examiners want – top tips in successfully approaching and answering the different types of exam question • Proven strategies for successful revision for A Level PE students 	10.25 – 11.00am
Applied anatomy and physiology: tricky topics made easy Using examples, our examiners take students through the key ways to ensure success in the exams on the more challenging areas of the specification <ul style="list-style-type: none"> • Cardiovascular / respiratory systems • Energy for Exercise • Environmental effects on body systems 	11.00 – 11.45am
Break	11.45 – 12.00pm
Skill Acquisition and Sports Psychology: simple, memorable and effective practical application How to improve exam answers and revision <ul style="list-style-type: none"> • Stages of learning – a synoptic application, which will boost the quality of responses across the specification • Attitude and attitudinal change • Aggression vs assertion • Attribution – including a holistic approach to revising sports psychology 	12.00 – 1.00pm
Biomechanics: keeping it simple and getting it right! <ul style="list-style-type: none"> • Biomechanical principles • Motion and mechanics • How they are assessed and how to produce excellent answers on them 	1.00 – 1.30pm
Lunch	1.30 – 2.00pm
Exercise physiology: a round up of key topic areas <ul style="list-style-type: none"> • Diet and nutrition • Preparation and training methods • Injury prevention and rehabilitation • Question and answer session with the examiners 	2.00 – 2.35pm
Socio-cultural issues <ul style="list-style-type: none"> • Making the content stand off the page • Sport and Society – Emergence and evolution of modern sport (social and cultural factors) • Contemporary Sporting Issues – Implications, gambling, modern technology 	2.35 – 3.35pm

Very good, very informative and very valuable for our students.

Hornsea School and Language College

AQA A Level Physical Education

London 14 March 2019

Manchester 28 March 2019

Code: 7197

Edexcel GCSE (9-1) Physical Education

Manchester 13 March 2019

London 20 March 2019

Code: 7199

AQA 9-1 GCSE Physical Education

London 27 February 2019

Manchester 22 March 2019

Code: 7200

OCR GCSE Physical Education

Coventry 07 March 2019

London 05 April 2019

Code: 7257

IN-SCHOOL

Nearly 70 interactive GCSE and A Level Conferences to choose from

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Share the costs by combining with schools in your area for student conferences built around your common needs.

PAYMENT DETAILS

£25 per student plus VAT,
 one free teacher place for every 10 student places.
 Additional teachers £35 plus VAT. Individual teachers £80 plus VAT.

CONFERENCE DETAILS

Confirmed booking are accepted subject to availability and to the terms and conditions, which can be found on our website. Places are likely to fill quickly, therefore early confirmation is advised. Keynote Educational Ltd reserves the right to amend the programme where circumstances dictate.

Further information and terms can be found at www.keynote.org.uk